



Foods Containing Soybeans

Artificial Cheese Baby Food Candy Cereals Coffee Substitutes Crackers Dry Lemonade Mix Ice Cream Lecithin Margarine Miso Peanut Butter Salad Dressing Sauces Sausage Soups Tofu Tempeh Tuna (canned) Vegetable Oil Vegetable Shortening Worcestershire Sauce	<u>Ingredients that may indicate the presence of soy:</u> Bulking Agent Carob Emulsifier Guar Gum Hydrolyzed Vegetable Protein (HVP) Lecithin MSG Protein Protein Extender Stabilizer Starch Vegetable Protein Thickener Vegetable Broth Vegetable Gum Vegetable Starch <u>Non-food products containing Soybeans:</u> Adhesives Blankets Body Lotions & Creams Enamel Paints Fabric Finishes Fertilizer Glycerine Illuminating Oil Linoleum Paper Printing Ink Soaps Varnish
---	--